

# RADIO SOUL



## How To Tune Into A Station of Higher Spiritual Evolution

If you could step back from yourself like a pin point of consciousness hovering near by the ceiling and see yourself from a distance, you might notice something important. From this detached view point you might notice that like a radio each moment you tune into a particular reality or frequency of consciousness. We can with practice shift frequencies in the same way one might change the station on a radio.

The value of this shift in frequency relates to understanding simple laws of the physical, psychic and spiritual universes. In Physics resonance of sound vibration from one source can affect the vibrational frequency of a second. Most people unconsciously set their spiritual station according to the influences of lower vibration secondary sources like a family member or television. Whenever we focus on something we are tuning into that station.

One day driving my car I discovered a switch was stuck. It reminded me of how if we are not careful, that just like the switch in a car or a dial on a radio we can get stuck on one particular vibration and station that can keep us from a much higher spiritual evolution. This is usually because we may have prematurely come to the rock hard conclusion that one particular version of reality or bandwidth contains the highest spiritual focus and frequencies.

There are guides called Spiritual Travelers who are masters at Soul projection to heaven in all its levels and sound, light frequencies. According to the travelers attachment to dogma or opinion

with in a limited band of frequency is considered one of the greatest fatal flaws of Soul both on Earth and other worlds. Like a person who for example loves watching over and over “I Love Lucy” reruns for hours every day often Radio Soul in its incarnations sets the dial on endless reruns of “I love the astral plane”.

According to many astral plane is the heaven of near death experiences, astral projection, matter miracles, beautiful cities of light that glitter, celestial angles, glowing light beings. These expressions are so inspiring and beautiful that many claim these are the highest vibrational bandwidths.

By all appearances we can even change the spiritual station and it can appear to be a different bandwidth on a higher frequency when unknown to us, it can be a higher octave within the same bandwidth when we have yet to discover even more exhilarating stations to adjust our station to.

In an interview with Allen Feldman, Author of the book Dialogues with the Masters he had this to say about the nature of the human like radio issue- “Radio tuning frequency is like a person standing on a hill with a variety of land features in the pitch black dark during night time.”

“If he were to suddenly turn on a bright search light on his left and saw hills, he might say “This area has hills.” If it was turned off and then the search light was beamed onto his right instead pointing at cliffs he might say “Oh, this area does not have hills, this area has cliffs.” And then again if the light flipped off and then pointed forward to a forest he might say “Oh, this area does not have cliffs, this area has forest with animals.”

“In the same way Soul shifts its attention from one belief or one tiny piece of reality and on to another, discarding one belief, dogma or experience for another tiny piece of reality. This is how fixed views can potentially have us only awake to tiny pieces of awareness which are states of consciousness. As a Teacher I teach individuals to cease to identify with it thoughts, beliefs, and bodies (physical, astral, and so forth) and instead have direct experience of many stations or heavens to develop into a state of total awareness.

From my perspective it is important to progressively shift to a higher and higher spiritual bandwidth frequencies. No matter how many stations Soul listens to it is helpful to release the barrage of distractions and instead learn advanced spiritual techniques to tune radio soul to entirely new finer levels beyond and outside the common range and into the frequency of the extraordinary.

By- Heather Giamboi  
Co-Author of Thousands of  
Visits to Heaven and the  
Heart of God